

THE DISCOURSES OF SADGURU SRI NANNAGARU

Jinnuru October 7th, 1984

Meerabai

Meerabai was married off at a tender age of nine. At the time of wedding, she was adorned with ornaments and good clothes. Meera asked her mother: Amma (mother) you are sending many things. Where is my Lord? But give me my Krishna, the one whom I adore so much.

From where did she get these words? They are the result of the actions of her previous birth. For Lord Krishna, she left the country, society, palace and the world.

A coward dies many times, but the brave die's only once. Meera was given poison. She drank it immersed in Krishna's thoughts. Meera did not die. But the throat of the idol of Lord Krishna became dark. Meera's love for Krishna cannot be measured. She lived and died for Lord Krishna.

We perform all our daily activities for getting some kind of recognition in this world. However, we do not perform any actions or deeds for God.

Pleasure leads to desire. It is because of desires that we perform actions which make our thoughts corrupt. The real Satyam (truth) is radiating within you. This radiance or brilliance in your heart will not stop for even a second. But the corrupt thoughts in your mind cloud this brilliance.

Your thoughts and actions make you believe that you can realize this immense radiance in some other life. Why should you think so?

This country is mine, this region is mine, this house is mine, are some of the thoughts you associate your body with. You have come on this earth. But the earth is not yours. So, you will leave the earth. This happens only when you work out your past actions (karmas). That is you will leave this world only after you have worked out your past karmas.

Every day, every second the thought "I, mine" keeps haunting you. Have you made any efforts to find who this I is. You are not interested to find out this "I". This is maya or delusion. Delusion is not hiding somewhere.

You are amazed to hear how Rama killed Ravana, or Krishna lifting the Goverdhana mountain on his little finger. Then why does it not amaze you to know about the "I".

You forget that the God who is in us and rules the world is also present in the sun, which gives light, and in moon.

Many a times, people say "our days are passing on very well." The person who keeps thinking about feeding the body is losing valuable time. The body is known as the *Annamaya kosha*, which means feeding the body with food. Once you stop feeding food to the body, the body dies. Cloud gives rain, which makes crops grow and food is produced. You eat that food.

Many believe that abstaining from food will make them gyanis or realized souls. No, this is not true.

To realize the supreme truth or the radiance in yourself, always look for purity, think about purity. This will lead you to realization. You have assembled here at Ramana Kendra. You do not require this hall, cement, bricks or clothes to have the glimpse of God. But you have to be pure, and then the *atma* or soul will reveal itself to you.

Many gossip for passing time. Such talks will bind your mind to worldly matters. You are steeped in worldly matters that will bring you unhappiness. When will you release your mind? You are binding it

with family matters too. You have to make your mind free. If your mind is free then have no unhappiness.

Suppose the government sends a person to jail. But at the same time wants some work to be executed by the jailed person, can he do it? That is how the state of your mind is in. Your mind is jailed. Worldly pleasures are pulling the mind far away from the atma. Then how can your mind become free?

Therefore, you have to take many more lives, undergo the cycle of birth and death to make your mind free. There is no difference between your lives and the characters in films. Both are enacting a predetermined role.

There are a few sects who believe either in Lord Vishnu or in Shiva. Why all these differences? Will they help us in our journey towards atma. Technology and livelihoods have improved. But the thinking that your God is greater than mine is still deep rooted in many. Even today, if a procession of Shiva is taken out in the street of Janagapuram in Palakollu district, people shut their doors and windows. They are afraid that their eyes would catch a glimpse of Shiva. These people are the believers of Lord Vishnu.

In Hinduism, various forms of God are to help people in worship or *Upasana*. Some like to worship Vishnu, a few Devi or mother and few others may adore Ganesha. Each one worships God in the form they love. Then what is the necessity for so many sects? Even Puranas state that you meditate on a form of God you like. So, no one has the right to belittle others faith.

Ramana Bhagawan said: Whatever form you like, adore it with all sincerity. It will take you towards the soul. Once you realize the soul, the happiness you derive is much more than nature's beauty.

You are planning and making efforts to realize atma. But it is already here waiting for you with thousand eyes. Our real friend, guru and relative is God.

If you do not have love for God or His words, it is not the fault of God. It is because of your corrupt mind. You need not have to go to any lawyer and spend money to find the solution. Have faith in God's words.

Who wrote Bhagawad Gita? It is God Himself. It is equivalent to Vedas. We read Gita but do not believe in it. God proclaimed about Himself in Gita. If God will not reveal Himself, then who will tell us about His greatness?

Many can ask as why God proclaimed about Himself in Gita? Is there any person in this world who can tell us about Him. He tells us about Himself to create regard for Him and His teachings. It is only through regard you begin to respect anyone. It is because of respect for God or your guru; you will listen to their teachings that are aimed to make your journey towards your goal smooth. God has proclaimed many ways to realize the atma or soul.

God is love, truth, liberty and compassion. We go to a shop to buy shoes. You need not even put in the effort required to buy shoes to realize God.

God is giving you an assurance. The more practice and efforts are made to move towards Him, the better life you will get in your next birth. He will put you in families that will help you move more close towards your *atma* or soul. God never lies. So make efforts. All your efforts will not go waste.

You give a lot of importance to your health, food and clothes. All this is for the body, which in due course will die. They why don't you put in the same efforts to know your soul? If your health deteriorates you are worried. But do you have the same worry for not knowing this soul? This body will leave but you still make efforts to beautify it.

Hare Krishna, hare krishna, Krishna, Krishana hare, hare

Hare rama, hare rama, rama rama hare hare.

Om shambo, shiva shiva, shiva shiva, shiva shiva,

Narayana, narayana, narayana, narayana, narayana.

Narayana, narayana, narayana, narayana, narayana.

Courtesy: Ambika