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THE DISCOURSES OF SADGURU SRI NANNAGARU

HYDERABAD (GURUPOORNIMA)

My dear Soul-mates,

Today is Guru Poornima. It is the birthday of the great Saint Sri Veda Vyasa which falls on the Ashadha Poornima day (the full moon of the month of July). It is a great festival like Krishnashtami, Sri Ramanavami, Diwali etc. Valmiki and Vyasa are the two great Rishis (seers) by whose blessings we have got knowledge. Vyasa wrote the four Vedas on the banks of the Ganga in Kasi therefore He was entitled as Veda Vyasa. He is the embodiment of Trimurthulu (Brahma, Vishnu and Mahesh) = the creator Himself. The essence of the four Vedas is the Mahabharatha the great epic. The mental wave and mental frame is different in everybody and every thing. Everything, even every minute thing is contained in the Mahabharatha and that which does not exist in the Mahabharatha does not exist anywhere in the world. He preached and publicized knowledge. God Himself orally departed knowledge and Vyasa gave us the written expression. That is Sloka(verse) means non-shoka(grief, sorrow) mantram (incantation). This day, performing worship to the Guru (preacher,saint) is being celebrated all over from 5000 years.

When you gain happiness from worldly enjoyments it turns into sorrow. What does exist in this world except likes-dislikes. Awaken into the state, the fearless state, where there is Independent Happiness. The True Mahatma(great soul, saint) is the one whose heart bleeds for the poor. God exists in every Heart, that is the correct address of God, the spiritual Heart. The truth is in the Heart. You should trust yourself and you should trust God.

There should be no faults in the Heart. He is like a Black Horse - means, gentleness and goodness externally but full of conspiracy, cheating, deceit inside. God cannot be deceived by physical exercise. Because God is the indweller in your heart. Thought word and deed should unite. Ego is limited. When foreign matter enters into your body you get fever, similarly life is not uniform always with ups and downs, you should have clarity in thinking then your mind will be pure. Prarabdha (accumulated actions) is to the mind and the body. Definition of Peace = When you are at peace even under any circumstances. Think, watch your thoughts, the first I, the body-bounded I. Indeed-sleep state, relax, no mind, no body, no sense-organs. Nobody possesses 100% happiness. True, real, royal happiness is independent.

Except Brahman (The Supreme Divinity) everything is created by the mind. Body, mind, sense-organs are all wrong identification. Goutam Buddha, Lord Buddha does not count form, colour, caste etc, He gives importance to the truth inside Me and Give utmost importance to my Heart. By one glance of Buddha 150 people were enlightened. Face is the index of the mind. Love and Help All. Laziness is a sin. Cultivate patriotism towards the country. The Heart gets widened and deepened when you work for the country, then you get closer to God.

In all times, In all states, remain uniformed, think of Me (God) Keep Me in your Heart. Remember Me, Remember me more, Don't forget me. Work with your hands. This is the essence of Bhagwad Gita. Learn good things, teach, preach to others. This dialogue (The Gita) whoever learns, understands, teaches, preaches Gita, He is very near to Me and close and dear to Me. Qualification is different and education is different. Arjuna; keenly observe yourself. Be careful while eating and speaking. Think Before you Ink. The speech sleep and diet should be moderate and Balanced. Remember Me and Do perform the action that I like. Fundamental Principle is, whatever you give returns to you by whichever time or means. The enjoyer is God. In the temple you do pooja (worship) and when anything to the fellow being also think that too worship. By good work clarity emerges. With mental contact with Holy company you get inspiration from them that which they have achieved, that immortal state. Try to experience it, it will be your last birth. I am that I am.

It is attachment that brings us Sin, sorrow, misery. Attachment is bondage. Nobody belongs to anybody.

Do not quote I and mine. What is knowledge? Is it information? I, I, I to know that this I is unreal. Wonderful reply and beautiful reply. Tappas (penance) means to dry the weaknesses and tendencies within you. Why cannot I see God? Due to wrong thinking, wrong attitude, bad habits, tactfulness, wrong conduct, come out of all these, then you can see God directly, I will show Him to you. To learn a bad habit it hardly takes five minutes but to overcome it takes the whole of the life and the whole of the life gets ruined. There comes a turning point in everybody's life. Don't get scared. There is a destiny that shapes your life.

When we love God purity of thoughts arises. Iswara's (God) Bhakthi (devotion) should be done by all human beings. We talk for luxury. Energy gets wasted by talking more. Hanuman was a great scholar, grammatical correct

language, faultless and correct language and had command over language. Maintain cool and calm mind, even when you lose your life-long investment. Accept pleasure and pain equally. Selfless person is a Yogi and a Sanyasi(Monk) and not by changing clothes. Do work, Don't leave work, otherwise it will get thickened. Do work willingly, with love and liking then the mind gets diluted. Even when you have a strong cause for enmity but still you do not breed enmity in your heart, then God will bless you.

The Truth cannot be realized without His(God's) grace, mercy, compassion. Divine interference does not occur in spite of your intelligence, effort etc, only to whoever works for My love and grace. Be my devotee with no desires, the mind gets polluted; don't get involved into others matters, body-boundedness increases. When you understand one Sloka(verse) Shoka(grief) goes. Karma(action) should be Yoga (without attachment), then the mind gets purified, 100% purification happens. If you are deserving God will come directly to you.

God knows what is best for us. There is no trade in love and devotion unending, unshaken faith, concentrated, no diversion devotion, these are advanced devotees. The mind should be steady and controlled and when it deepens, you know the Truth and experience it. Sense-organs are the most dangerous enemies than any external ones. Tongue serving dual purpose is equally dangerous lose talk and over-eating are both harmful. We are all indebted to Veda Vyasa and we express our whole - hearted gratitude to our Guru on this special day.

LOVE TO YOU PEACE TO YOU

THANKS TO ALL

Courtesy: Smt. Neelam